

TRAIL SYSTEM & NATURAL FEATURES

The Highest Point Reached By Aerial Lift In Vermont

LIFE ZONES

- ARCTIC-ALPINE:** Above 4,200'. Exposed bedrock; sparse, low-growing wind-stunted trees, shrubs and wild herbs.
- BOREAL FOREST:** 3,200'-4,200'. Dense evergreen forest of Balsam Fir, Red Spruce and occasional Mountain Ash. Heartleaf Birch in disturbed areas.
- UPPER TRANSITION:** 2,500'-3,200'. A mixed deciduous-coniferous forest with Yellow Birch and Red Spruce dominant. Heartleaf Birch in disturbed areas.
- NORTHERN HARDWOODS:** 1,500'-2,500'. Deciduous forest of Sugar Maple, Birch and occasional Yellow Birch, Paper Birch in disturbed areas.
- LOWER TRANSITION:** 1,100'-1,500'. Complex mix of Boreal conifers and temperate hardwoods. Birch, Aspen and Cherry in disturbed areas.
- FLOODPLAINS:** 1,100'. Level land built by flooding on the Ottauquechee River. Willow and Alder shrubs, grasses and wild herbs.

GEOLOGIC FEATURES

- GNEISS:** (no pattern) >1,000 million years old. Metamorphosed sediments, granites and lavas.
- OLDER QUARTZITE:** >1,000 million years old. Metamorphosed sandstone.
- OLDER MARBLE:** >1,000 million years old. Metamorphosed impure marine limestone.
- YOUNGER METAMORPHIC ROCKS:** 600 million to 450 million years old. Metamorphosed rift-valley conglomerate, marine sandstone, marine mudstone & minor volcanic rocks.

THREATS & FEATURES:

- THREAT FAULT
- STREAMS & RIVERS
- BUILDINGS
- EMERGENCY PHONE
- PARKING
- DRAINAGE DIVIDES
- SKI TRAILS (white line)
- ROADS (black line)
- FIRST AID
- FOOD & DRINK

TRAIL DESIGNATION: EASY (red), MODERATE (yellow), DIFFICULT (green)

- REMEMBER THAT KILLINGTON MAINTENANCE VEHICLES ARE OPERATING ON THE MOUNTAIN BIKE AND HIKING TRAILS.
- HIKE ON DESIGNATED HIKING TRAILS ONLY.
- ALWAYS BE AWARE OF YOUR LOCATION ON THE MOUNTAIN.
- TRAIL CONDITIONS WILL VARY WITH WEATHER. PLEASE CONSULT K-1 LODGE MOUNTAIN BIKE STAFF FOR MORE INFO.
- OBEY THE HIKER'S RESPONSIBILITY CODE ON THE REVERSE SIDE.
- DOGS ARE NOT ALLOWED IN ORDER TO PROTECT WILDLIFE AND COMPLY WITH STATE REGULATIONS.

TRAIL DESCRIPTIONS Killington Hiking Center

Trail Designations: Easy (red), Moderate (yellow), Difficult (green)

TRAILS TO OR FROM KILLINGTON PEAK, SNOWDON AND RAMSHEAD MOUNTAINS

Trail	Length	Vertical	Rating
FLUME (Trail A)	1.1 mi	1,640 ft	Difficult
The most direct way to climb to Killington Peak from K-1 Lodge is to follow the K-1 Gondola line up Flume and Cascade ski trails. Flume has been an old standard for intrepid "peak baggers" for years. Not recommended for solitude seekers or for hiking down.			
WARBLER (Trail C)	2.0 mi	1,640 ft	Moderate
This is the easiest walk linking K-1 Lodge and Killington Peak. It follows a gravel work road that is also used by mountain bikers, so please keep to the side of the work road. Grand views and interesting features, but not a wilderness experience.			
WILDLANDS (Trail E)	2.1 mi	1,640 ft	Moderate
A true wilderness experience, this beautiful, many-featured nature trail winds through Northern Hardwoods, Upper Transition and Boreal Forests, crossing occasional ski trails that afford spectacular views of the surrounding mountain country.			
ALPINE (Trail F)	1.0 mi	220 ft	Difficult
This is an alternate route to the upper section of Wildlands and is also the finish to Great Eastern from the Skyeship Base. Following a gravel work road for much of its length, it is more open than Wildlands and has somewhat better views. Watch out for the mountain bikers who share this route, and keep to the side.			
RAMSHEAD (Trail G)	2.1 mi	1,230 ft	Moderate
This varied trail takes in Snowdon, and Ramshead Peaks, offering spectacular views and an abundance of interpretive features.			
MORAINE (Trail H)	1.1 mi	580 ft	Difficult
The Moraine Trail from Snowshed Lodge to the top of Snowshed ascends a gentle slope from Snowshed Pond, winding through wooded, hummocky, glacial moraine south of Snowshed Slope before joining the Wildlands Trail.			
GREAT EASTERN (Trail I)	2.8 mi	2,520 ft	Difficult
For the hiker who is anxious to make the most of Killington's vertical rise or to investigate the full range of forest life zones on the mountain, this is the trail of choice. From the Skyeship Base, it rises gently to Killington Peak. Many outstanding views and interesting interpretive features. Watch for mountain bikers, and stay to the side.			
SUMMIT (Trail J)	0.2 mi	200 ft	Difficult
Whether you're finishing a power hike up Flume, starting a more leisurely expedition down Warbler or Wildlands, or finishing a ride up the K-1 Gondola, this is a trail not to be missed, especially on a calm, clear day. From Killington's bare rock summit, the panoramic views of the Adirondack, Taconic, Green and White Mountain ranges and the Valleys of Vermont are memorable, as are the many features around the treeline. Bring your camera!			
BLUE JAY (Trail S)	1.3 mi	160 ft	Easy
An easy lower elevation trail, primarily work road makes a nice loop when connected with the G and H trails.			

Hiking Schedule

JULY 1-SEPT 4	7 Days a Week 10 a.m.-5 p.m.
SEPT 9-SEPT 24	Sat. & Sun. 10 a.m.-5 p.m.
SEPT 25-OCT 9	7 Days a Week 10 a.m.-5 p.m.

All hours, rates and dates are for the summer-fall 2008 season and are subject to change without notice. During non-operating hours Rescue and First Aid are not available.

Trail Designation

- Easy:** Most of these trails are relatively short (less than two miles long) with only a few steep pitches and many flat or gentle sections where you can catch your breath. The vertical climb is normally less than 700 feet.
- Moderate:** Most trails rated "Moderate" are less than three miles long. They climb fairly continuously uphill with occasional "rest" sections. Steep pitches are common. The vertical climb is normally between 700 and 1,500 feet. If you're not in good physical condition, you should plan a half to a full day for the round trip and allow for frequent rest stops.
- Difficult:** Trails rated "Difficult" tend to be longer than three miles with vertical climbs exceeding 1,500 feet. There are very few "rest" sections. You should attempt these trails only if you are in excellent physical condition.



Rescue and First Aid Services are not available during non-operating hours

